

ABC™ Certification Assessment Rubric

Levels 1-3

Level 1: The ability to run the ABC™ protocol safely. Know the steps, errors that reduce the effectiveness but not the safety of the adjustment are OK.

Level 2: The ability to effectively run the ABC™ protocol to a standard that would consistently get the majority of bodies unwinding. Less than five minor corrections and zero major corrections constitutes a pass mark.

Level 3: Perform a protocol that demonstrates the ability to unwind any body giving insightful commentary as to your observation throughout. No major or minor corrections constitutes a pass mark.

Candidate Name: Test Level:	Successful	Successful with minor correction	Unsuccessful
Sit Test (Level 1)			
Correct set up Correct			
instruction Correct			
interpretation of theory			
Comment			
Objective Synchronous Testing			
Correct challenge force			
Correct thumb position			
Correct thumb pressure			
Ability to verbalise theory of a positive test (L1)			
Comments			
Anterior Meningeal Release			
Maintaining an effective level of flexion			
Push hand position is correct			
Line of drive is correct			

Comments

Posterior Meningeal Release

Maintaining effective level of extension			
Push hand position is correct			
Line of drive is correct			

Comments

Lateral Meningeal Release

Maintaining an effective level of lateral flexion			
Push hand position is correct			
Line of drive is correct			

Comments

Observation

Observe and describe the signs of clarity after the above meningeal releases			
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First Rib Maneuver

Correct Contact			
Effective force and line of drive			

Comments

First Rib Variation

Correct Contact			
Correct patient instruction			
Effective force and line of drive			

Comments

Second Rib Maneuver

Correct Contact			
Effective force and line of drive			
Comments			
C7			
Correct hand position			
Correct steps in set up			
Appropriate line of drive, force and amplitude of correction			
Correct patient instructions			
Comments			
T1-T3			
Correct hand position			
Correct steps in set up			
Appropriate line of drive, force and amplitude of correction			
Correct patient instructions			
Comments			
T4			
Correct hand position			
Correct steps in set up			
Appropriate line of drive, force and amplitude of correction			
Correct patient instructions			
Comments:			
Long Spinous			
Correct hand position			

Correct steps in set up			
Appropriate line of drive, force and amplitude of correction			
Correct patient instructions			
Comments			
T8-L2			
Correct hand position			
Correct steps in set up			
Appropriate line of drive, force and amplitude of correction			
Correct patient instructions			
Comments			
L3-5			
Correct hand position			
Correct steps in set up			
Appropriate line of drive, force and amplitude of correction			
Correct patient instructions			
Comments			
Hips and Pelvis			
Correct instrument position			
Appropriate line of drive, force and amplitude of correction			
Comments			
Ankles			
Correct hand position			
Correct patient position			

Appropriate line of drive, force and amplitude of correction			
Comments			
Forefoot			
Correct hand position			
Correct patient position			
Appropriate line of drive, force and amplitude of correction			
Comments			
Toes			
Correct hand position			
Correct patient position			
Appropriate line of drive, force and amplitude of correction			
Comments			
Tarsals			
Correct patient position			
Correct sequence of adjustments			
Correct instrument position			
Appropriate line of drive, force and amplitude of correction			
Comments			
Fibular Head			
Correct hand position			
Correct patient position and movement			
Appropriate line of drive, force and amplitude of correction			

Comments

Anterior Ribs

Correct hand position			
Correct patient position			
Correct patient instruction			
Appropriate line of drive, force and amplitude of correction			

Comments

Rib Lifts

Identify the need for AI Second Rib Correction			
Correct hand position			
Correct practitioner body position			
Appropriate line of drive, force and amplitude of correction			

Comments

LEVEL 3 SUPPLEMENTARY ASSESSMENT

Anterior Inferior Second Rib (Rib Yank)

Identify the need for AI Second Rib (Yank)			
Correct contact position			
Correct practitioner body position			
Appropriate line of drive, force and amplitude of correction			

Comments

Anterior Inferior Fourth Rib

Identify the need for AI Fourth Rib maneuver			
Correct contact position			

Correct practitioner body position			
Appropriate line of drive, force and amplitude of correction			
Comments			
Other Anterior Inferior Ribs			
Identify the need for other AI Rib maneuvers			
Correct contact position			
Correct practitioner body position			
Appropriate line of drive, force and amplitude of correction			
Comments			
Endonasal Cranial Correction			
Correctly identify the ECC testing points			
Correctly demonstrate ECC insertions			
Demonstrate required procedure			
Comments			
Observations			
Level 3 criteria - verbalise insightful observations on the changes being created through the process of the adjustment particularly in the areas of:			
Observation after meninges			
Observation after C7			
Observation after spinal adjusting			
Observation after AFK			
Comments			

Examiner Signature:

Date of Examination:

Examiner Name: