

Certification Video Submission Requirements

1. Portrait orientation.

Please only film in portrait orientation.

2. Quiet please.

Turn off the music. Film at a dedicated time (not mid shift) to avoid interruptions and background noise.

3. No black.

Avoid having the client wear black - it's harder to see what's happening.

4. Manage hair and clothing.

Manage long hair to avoid it obscuring the clients posture or the practitioners hand position. Avoid baggy clothing.

5. Set up the space.

Check your set-up allows for a camera-person or tripod to be readily positioned and repositioned to capture each of the angles detailed below.

6. Head to toe view.

Film with a practitioner and client 'head to toe' view for all MR's and anterior adjustments (framed as closely as possible).

7. Consistent assessment position.

Return after each manoeuvre to your starting point: a consistent, side-on viewpoint. Have the client relax before continuing.

8. Synchronous Testing.

Film the finding of one PBP from a position that enables viewing of the synchronous test thumbs.

9. AMR's and PMR's

Film AMR's and PMR's from the Breakdown Side, standing wide of the clients feet.

10. LMR's

Film LMR's as close to front-on as the chiropractor position allows, angling in from the Compensation Side as needed. If the client is too flexible, film from behind.

11. Standing Anteriors

Film all wall adjusting from a lateral viewpoint (as square-on as possible). We must be able to see the chiropractors hand on the wall (again, watch baggy clothing).

12. Lumbar roll-downs

Film lumbar roll-downs square-on from the opposite side of the table to the practitioner.

13. The rest!

Re-position the camera to optimise for viewing the pelvis, the feet (including tarsal corrections), the fibula heads and the anterior ribs.

14. Call it.

Please state the level you are adjusting and the level you are contacting.

15. Observe.

Level 3 submissions are required to provide observational commentary throughout.

16. Additional videos.

- ◆ All level submissions must include additional videos of any component not required (or inappropriate to perform) on the primary client. A submission is not gradable if it does not include an example of:

- ◆ All three Meningeal Releases™.
- ◆ The First Rib Manoeuvre™, the FRM™ Variant, the Second Rib Correction and Rib Lifts.
- ◆ A C7 anterior, at least two thoracic anteriors and a lumbar roll-down.
- ◆ Level 3 submissions should also include:
 - ◆ Clearly viewed testing of all ECC points as well as the required inflations.
 - ◆ Anterior-Inferior rib corrections (2nd and 4th or indeed any required level).
- ◆ Additional videos do not necessarily need to be done on the primary client (whom should be adjusted on a what is indicated/required basis).